



Kerang & District
UNIVERSITY OF THE THIRD AGE

Patron: Her Excellency The Honourable Linda Dessau AC Governor of Victoria

NEWSLETTER JUNE 2023

Box: 176 Kerang Vic.3579

Email: u3akerang@gmail.com

Web Site: u3akerang.org.

Dear U3A Members,

There has been 'business as usual' in our U3A as we have been enjoying the social, cerebral and physical activities on offer. We have been able to be Out and About again too!

On May 5 we embarked on a local excursion to Koondrook/Barham..our river towns. Here is Odette's report;

"It was a beautiful morning when 12 members headed for the border to enjoy a day out.

The first stop was " Koondrook Outdoors ", with wonderful rustic sculptures, large ,small and topical.

We meandered along the Murray to check out the Shire's new Glamping accommodation and then had a look at the Wharf area, the park and facilities which were new to several of the members.

Then we crossed the bridge to have a tour of the new housing estates. By this time our tummies were rumbling , so we headed for the RSL where we were booked in for a delicious lunch in " Don's " Chinese restaurant. We were joined there by two more members.

After a relaxing lunch we headed out of Barham to look at some more new houses and two large fascinating carvings of two lizards and a cockatoo. Back in Barham we visited the Vintage Store and the Warehouse next door.

A unanimous decision that it was coffee time meant a visit to the Riverside Café before heading home via " Curry On The Murray " where most of the members bought a container of delicious ready- made curry to take home. It was a lovely relaxing day. Maybe you should have come along. Maybe next time you will !



On June 15 we enjoyed a shared Cabella Mia Fashion activity with Bendigo U3A at Kangaroo Flat. It was great to meet some new U3A colleagues, buy some lovely new clothes and finish the day out with a delicious lunch at a local hotel.

Our luncheon on June 22 at the Kerang Chinese restaurant was well supported and enjoyed by 28 members. Our next Out and About activity is a visit to the Kerang Museum on July 16. It is amazing what we can find to be of interest in our local surrounds. The Out and About sub-committee has a few more treasures in the pipeline, so stay tuned and come along. It is such a mood lifter to be out and about in good company.

MEMBERSHIP Our numbers have grown to 84 Members of which 77 are fully paid, 2 are Life Members and 5 are Honorary Members.

The **COMMITTEE of MANAGEMENT** is hoping for a successful submission to the Gannawarra Shire for a Flood Recovery Grant to replace our laptop computer with modern technology. We have permission from the Shire to make a photographic display of our Life Members in the Kerang Seniors Hall. Our esteemed Life Members are Pat Gillingham, Heather Broad and the late Betty English.

OUR ACTIVITIES remain consistent, although Circle Dancing is in recess for the Winter. Our program offers Mahjong, Scrabble, Cribbage and Cryptic Crosswords on Zoom, Writing Group, History and Philosophy, I.T. Support, Acting for Fun and Craft and Chat, Qi Gong, Chair Exercises, Carpet Bowls, Dining Club, Coffee and Chat at the Royal Hotel, Movies and Lunch at The Exchange Hotel.

Our Writing Group did much clucking this month on the subject of "Keeping Chickens" and had interesting slants on "How do you know when a person is old?" The answers reflected the fact that the definition of old age is elusive and so variable that we should not even think about it, but just get on with "Living Your Best Life!" Discussions of course continued over coffee.

The Acting Group is no doubt working on creating another great show for us later in the year. I say, 'no doubt' because it is always shrouded in mystery, so as not to spoil our surprise later on. We have never been disappointed and love the way they often write their own material.

Our recent Sunday Movie interludes have been much enjoyed with "The Silence of Music" (The story of Andrea Bocelli), "Keeping Mum" with our beloved Maggie Smith (Watched on Mothers' Day with nice twist at the end!) and Downton Abby the movie which was again satisfying with a bit more of Maggie.

You should have your July Program now. Remember the time change for Carpet Bowls...1pm.

Our program is also published in "The Kerang Happenings" Newsletter from our Neighbourhood House. You can find it at IGA too.

NB Maybe we will meet at that special orchid show which is on this weekend. "A thing of beauty is a joy forever."



Wishing you all good health and good times.

Your U3A Committee.

